



WOMEN IN LEADERSHIP

Professional Development Workshop & Badge Series

ANTIOCH UNIVERSITY



Earn stackable professional development badges for job growth potential and leadership credit. Badges are delivered with micro credentials and certificates.

Reserve Your Seat Today!

ce.antioch.edu/badge25



Deep-dive into topics that enhance equity, inclusion and leadership in all professional sectors, while earning Continuing Education professional development badges.

Upcoming Workshops

Select a **PACKAGE OF 3** workshops for \$300 - and save \$75!



Do I Feel Like I Belong Here? Optimizing Belonging *Optimizing Belonging Using Signature Traits of Inclusive Leaders*

This workshop will teach you the significance of building a culture of inclusion and belonging in your workplace. You'll walk away with tools for measuring belonging, applying leadership skills that foster belonging, strengthen emotional intelligence, and promote courageous communication.

Saturday, October 19, 2024

3-hour LIVE Workshop Online / \$125

10:00 am (Pacific Time) / 1:00 pm (Eastern Time)

ce.antioch.edu/belong25



The Essential Role of Trauma-Informed Practice *Bridging Resilience and Leadership*

This workshop will help you become a trauma informed leader by putting these skills into practice. You'll learn how to conduct a trauma informed organizational assessment, engage your teams using a trauma-informed lens, and strengthen your emotional intelligence skills.

Saturday, November 16, 2024

3-hour LIVE Workshop Online / \$125

10:00 am (Pacific Time) / 1:00 pm (Eastern Time)

ce.antioch.edu/tip



The Three Cs of Coaching: Curiosity, Compassion and Creativity

Coaching is a unique skill set that supports others in personal and professional development. To be a great coach, one needs to learn the three C's of coaching: curiosity, compassion, and creativity. This workshop will provide you with what it takes to be a coach and start your journey in this new leadership role.

Wednesday, January 29, 2025

3-hour LIVE Workshop Online / \$125

4:00 pm (Pacific Time) / 7:00 pm (Eastern Time)

ce.antioch.edu/CCC



Negotiating with Authenticity and Leverage

Cynthia R. Mullins J.D., M.S., SHRM-CP. When women are informed, empowered and authentic when negotiating, they are masterful. This course is designed to take the mystery out of negotiating and provide women with tools and techniques to leverage their strengths and lived experiences for engaging in fearless negotiations.

Wednesday, February 19, 2025

3-hour LIVE Workshop Online / \$125

4:00 pm (Pacific Time) / 7:00 pm (Eastern Time)

ce.antioch.edu/negotiate



Upcoming Workshops

Select a PACKAGE OF 3 workshops for \$300 - and save \$75!



The Intentional Leader *From Self-Care to Combating Toxic Trauma in the Workplace*

This workshop will focus on how women and femme leaders can utilize their strengths and capabilities to ascend in their careers as they desire, centering their own needs, values, and self-care in a way that preserves their energy, power, and integrity as individuals.

Thursday, March 20, 2025
3-hour LIVE Workshop Online / \$125
4:00 pm (Pacific Time) / 7:00 pm (Eastern Time)

ce.antioch.edu/lead25



Investing Strategies for Women Leaders

This immersive workshop will equip women leaders with the essential investing strategies to kick-start their journey toward wealth creation. Attendees will gain knowledge, practical skills and the confidence needed to navigate the investment landscape using hands-on experience and experiential learning.

Thursday, April 17, 2025
3-hour LIVE Workshop Online / \$125
4:00 pm (Pacific Time) / 7:00 pm (Eastern Time)

ce.antioch.edu/invest25



Leadership for Social Change

This workshop aims to equip participants with some tools and knowledge needed to drive social change through effective and inclusive leadership. Participants explore key principles of social change leadership, including understanding the systemic nature of social issues, fostering community engagement, and building coalitions.

Thursday May 15, 2025
3-hour LIVE Workshop Online / \$125
4:00 pm (Pacific Time) / 7:00 pm (Eastern Time)

ce.antioch.edu/LSC25



The Superpower of Energy and Emotional Intelligence

This workshop explores the intersection between energy and emotional states and the impact on the social emotional health of a workspace. The key foundational concept to this leadership program is the intersection and relationship of energy intelligence and emotional intelligence. Simply stated, being aware of how your energy and emotions intersect so you can be smarter with feelings and at your best every day to lead and lead others.

Thursday June 5, 2025
3-hour LIVE Workshop Online / \$125
4:00 pm (Pacific Time) / 7:00 pm (Eastern Time)

ce.antioch.edu/EEI25

